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2019 COURSE SCHEDULE

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TOP INSTRUCTORS

Jim Newberry, an international expert on occupational health and safety is among six highly regarded presenters

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The Construction Training Center of the Pacific (CTC) is the educational training arm of the Building Industry Association of Hawai’i. The CTC offers career development training and continuing education for their members to keep them competitive in the ever changing work environment and promotes life-long learning.

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WHY DO YOU NEED OSHA TRAINING?

• Save on Workers’ Compensation thru Lower Premiums and Fewer Claims
• Training works! Proven, with over 200,000 students trained in the last 5 years
• Protects Employees and Saves Businesses Money

UC San Diego’s OSHA Training Institute Education Center (OTIEC) is a nonprofit organization authorized by OSHA to deliver occupational safety and health training to private and public sector workers, supervisors, and employers in Hawai’i.

Our OTIEC offers authorized OSHA courses on a variety of safety and health topics supporting the OSHA training mission — to ensure safe and healthful working conditions for working men and women in Hawai’i by providing training on hazard recognition and avoidance to workers, employers, and other safety professionals.

We are proud to work with the BIA-Hawaii to offer these OSHA courses on Oahu. As a host site for our OTIEC, the BIA-Hawaii offers classes in Waipahu at The Construction Training Center of the Pacific.

osha.ucsd.edu/Hawaii
(800) 358-9206
Making the World A Safer Place

Jim Newberry, an international expert on occupational health and safety, shares his expertise in University of California San Diego – OSHA courses in Hawaii.

BY DON CHAPMAN

Welcoming a visitor to Island Insurance’s downtown Honolulu offices, encountering a small step up from the lobby, the first thing Jim Newberry says after hello is, “Watch your step.”

The assistant vice president and risk control manager in I.I.’s underwriting division can’t help himself. As he readily admits: “It’s kind of weird to hang out with safety people. You go into a restaurant and somebody says, ‘Did you notice where the exits are?’ ‘Oh, this place is sprinklered.’ ‘Did you see the back door is blocked?’ We do assessments all the time.”

Safety and insurance, he says, are two sides of the same coin, and “you need insurance to be in business.”

Before coming to Hawaii, he worked for some of the largest insurance companies in the world: Zurich, Allianz, Fireman’s Fund. But Newberry is much more than a local insurance exec — he’s something of an international star in the world of safety and health, having literally traveled the globe teaching the many benefits of occupational health and safety standards and programs, from Bahrain to Seoul. And he is one of the instructors in the University of California at San Diego-OSHA Training Institute’s safety certification programs in Honolulu.

• Occupational Safety and Health Standards for the Construction Industry starts Oct. 15.
• Machinery and Machine Guarding Standards starts Nov. 5.
• Trainer Course in Occupational Safety and Health Standards for the Construction Industry starts Dec. 3.

Most students, he says, are safety managers, though he encourages “people who have collateral duty for safety to come and take courses. Our general industry course really helps get the basics of what requirements employers have to engage in with their employees and have organized safety activities. And then for the construction industry standards, general managers, human resources people, operations managers, plant managers could highly benefit from taking the basic course.”

Some of the nicest comments UC-SD instructors receive, he says, are when “a student comes in, they have the health and safety responsibility in their company, and they’ve been going to classes for years. And even though we’re teaching the Code of Federal Regulations, the group of instructors we have do more facilitation that didactic lecture. We play off the experience of the students in the class, we try to get them to learn from each other, and turn some of the learning over to them. That ownership is very exciting to see. We’ve had students say this is the best safety class I’ve ever had, and I’ve been doing this 15, 20 years. It’s very rewarding.”

Other instructors include Tristan Aldeguer, Joaquin Daiz, Mary Sullivan, Rob McCarthy and Tracy Lawson.

Newberry, who brings 40 years of practical experience to the classroom, notes that OSHA was created in 1971 “because the Department of Labor saw there were issues, we were killing way too
many people every year. Since OSHA was established, we’ve brought deaths down by 40 percent.”

OSHA initially did its own training of instructors, but recognized it needed to reach day-to-day safety officers, and in 1992 UC-SD began offering classes as the first OSHA-certified training institute in the U.S. with the goal of teaching the Code of Federal Regulations to a broader audience, including at a satellite campus in Honolulu starting a decade ago. Which means Hawaii safety managers can receive training without having to pay for a flight to San Diego and several days there.

“We want to make it as easy as possible for people to get the training,” says Newberry, who is renowned for compiling, from the 32 internationally approved risk assessment tools, 20 tools that apply to occupational health and safety, which he says would have a value of $5,00 if he were to charge for the list. He doesn’t. “I disseminate them everywhere I go through Dropbox, for free. I’ve got about 700 people I’ve shared them with, because of all the classes I’ve put on, all the workshops. Putting the tools in the hands of practitioners, that’s been an exciting part of my growth and taking things to the next level.”

He has a very concise definition of safety: “Safety means paying attention to those things that will keep bad things from happening to your employees, to your guests, to your customers, to your property.”

Even in an actuarial industry that analyzes everything, occupational health-safety-insurance is often an intangible, Newberry says:

“When I go to my boss at the end of the year for performance review, I tell Beverly (Ament, executive VP of underwriting), count the number of claims that didn’t happen because of what I do — which is a bit nebulous, right? We know we have impact, but it’s really hard to count the incidents that don’t happen because of the work we do in safety. But it’s rewarding to work with clients to bring them around to thinking about how to protect their human resource assets, in addition to their physical assets, and the liabilities associated with their company and the risks they take on.

“We still sell intangibles in my business. Closing a sale is basically saying I need your commitment to put these policies in place and train them and bring them up to speed, and then to hold them accountable for that standard.”

Safety and insurance were not on Newberry’s radar when he returned from spending his high school years in New Delhi, India, where his father was a school superintendent, his mother a school nurse.

“Safety means paying attention to those things that will keep bad things from happening to your employees, to your guests, to your customers, to your property.”

Moving from India to Indiana, Newberry enrolled at Indiana State University as a music major, singing double-bass in the chorus (and later with the Honolulu Symphony Chorus) and playing saxophone and clarinet in the orchestra, band and pep band — including during the magical 1978-79 season when Larry Bird led ISU to 31 straight wins before losing to Magic Johnson and Michigan State in the NCAA finals.

But he started looking for another career path, and as it happens his father was starting the environmental safety and safety management program at Indiana State, in charge of curriculum development. “I told him, ‘Dad, I’m looking for something to do, I’m wandering.’ So I joined the safety program. It was the third one in the U.S., just after OSHA was created.”

Students in Newberry’s Honolulu classes will benefit from the experience of a man who through his involvement with the American Society of Safety Engineers worked with a team that created the International Standards Organization’s new ISO-45001 regulations.

“It was published this year, a four-year project, and I was liaison from (the previous) ISO-31000 to help move it forward,” he says. “So now we have a new international occupational health and safety standard that employers will have to comply with if they want to participate in the international supply chain. It’s a big, huge thing for our profession.”

Safety always is.
UC San Diego’s Maritime Crew: Working together to promote safety education

More ships are ported in San Diego than ever before, officials say, bringing more business to the local ship-building and repair industry.

NAVSEA, which directs the design, construction, and maintenance of U.S. Navy ships, now requires every worker on its contracts to receive basic Occupational Health and Safety (OSHA) training. And UC San Diego’s OSHA Training Institute Education Center (OTIEC) serves as the mothership, if you will, for this massive education effort.

Here, six prominent players in San Diego’s maritime safety effort share how they have worked together to promote education. Together, they have dramatically reduced injuries and incidents in San Diego—and turned the local shipyards into national safety leaders.

In recent years, NAVSEA moved to fixed-cost contracting, dramatically reducing the amount of interaction ship repair companies have with each other. “There’s not the same comradery we experienced when different contractors and companies worked alongside each other on ships,” says General Dynamics NASSCO’s Barton Deem. “It has made the Port of San Diego Ship Repair Association so important because that’s where we come together as a family. That’s where we share best practices, learn about new products, and problem solve our concerns.”

Deem is the chair of the safety committee for the Ship Repair Association, which has received millions of dollars in OSHA’s Susan Hardwood training grants to improve safety through education. “The scale of the work we do on ships is so massive and unforgiving,” he says. “The hazard risk is huge; there is literally nothing minor in scale.” Deem and a network of safety professionals involved in the association, used the grants to develop curriculum for 10 new safety classes, addressing a myriad of risks. The courses are available in English and in Spanish.

Yet, none of it, he says, would come alive for workers without vibrant teachers. “You have to be a people person to work well in safety,” he says. “Because you have to sell safety, make it real for workers who cannot yet identify or imagine the dangers.”

All employees who work on a vessel are required to take a 10-hour OSHA course, which companies offer themselves. But those companies rely on UC San Diego Extension 5400-level courses to prepare their trainers, in classes taught by longtime maritime safety professionals Brandon Phillips and Barton Deem.

“We could fill a stadium with everyone we have trained – together with the people they have trained!” Phillips says. Companies have always trained workers, Phillips says, but maritime training has gotten so much better because industry veterans are engaged in every step of curriculum creation and instruction.

“The first thing I do as a student in a classroom is size up the credibility of the instructor,” he says. “UC San Diego Extension seeks out people who work in the field – so our credibility immediately grabs the attention of the student.” The instructors also foster a positive relationship between OSHA and the shipyard.

“Workers tell us in our classes that companies tell new employee to go buy gloves. They don’t realize the company is required to supply them,” Phillips points out. “In this case, we are helping facilitate a meeting between company executives and OSHA, supplying some PowerPoint slides we use in our courses. We know how short-handed OSHA is, so we ask ourselves, ‘How can we help bridge the gaps and promote better understanding?’

Russ Barringer is landlocked in Arizona – but he flies into San Diego to teach scaffolding and electrical courses among
other OSHA maritime course offerings. “The way I always start my class is to say, ‘I want to walk away today having learned one thing I didn’t know, and I want you to walk away learning one thing you didn’t know.’”

Barringer’s job is to promote a ready exchange of information in the classes, which he says is aided by the fact that so many of the shipyard workers know each other. “They’re kind of a family and I love watching them connect and communicate,” Barringer remarks. “Students invariably bring up an issue that they are having on the job that another student will shed light on.” Barringer says the number of women pursuing full-time maritime safety positions is growing. And he is eager for newcomers to find the satisfaction he’s experienced in the field. “You might think that safety is about monitoring the same hazards day in and day out, but the sectors are so diverse that workers come up with problems you might never think of,” he says. “We have to be lifelong learners, refreshing ourselves and problem solving every step of the way.”

**KELLY COYNE**
UC San Diego Extension curriculum developer and contributor

Prior to his current position, Coyne was the director of occupational health and safety at BAE Systems, where he worked for 28 years. In his previous role and his new one running a small maritime safety business, he has assisted with the OSHA curriculum development that UC San Diego Extension offers. He is a self-described “champion of the cause,” recruiting vendors to appear at the Maritime Safety Fest that Extension hosts each year as well as generally promoting connections with OTIEC.

“Shipyards don’t sell widgets,” he says. “Our product is our labor force. We must do everything we can to take care of our people – addressing new hazards that emerge and listening to workers to ensure our training really fits the problems they are facing.”

Coyne’s involvement helps keep the curriculum current, as OSHA regulations change and as the port changes. Real-life examples make the curriculum compelling and pertinent.

“The OSHA training that we offer is tailored to the Port of San Diego, which has a different way of operating than the shipyard at Bremerton, or Mayport, or Honolulu.”

**PATRICK LOUGHRAN**
Craft Supervisor, BAE Systems
UCSD OSHA-Authorized Outreach Trainer for Maritime

Patrick Loughran took training courses at UC San Diego Extension, so that he could train others – which he does every week at BAE. Every new hire must be certified, with refresher courses for employees every five years. Work stoppages would result if he couldn’t seamlessly credential them, as OTIEC enables him to do. “Every worker has to have proof of their training with them at all times, in case of an OSHA inspection,” he says. Twice daily, the ships do fire-prevention and housekeeping inspections with resulting reports sent to the Navy and all the subcontractors. “The number one area of concern is slips, trips, and falls,” Loughran says. “When we do our walk-throughs, there is so much attention paid to this. On any given day, there are literally thousands of hoses, electrical lines, and lead cables that present potential hazards.”

Loughran says that effective training has transformed the environment. “No doubt we are a safer workplace than we were six years ago.”

He says it is deeply satisfying to work for a company that moved beyond thinking only of compliance and made the safety of its workforce its primary consideration. “Many of our workers are on scaffolding over the water. OSHA doesn’t require personal flotation devices, but BAE does. Safety is our core value.”

**THOMAS BRIGHT**
President, Bright Training Solutions
UCSD OSHA-Authorized Outreach Trainer for Maritime

How do you manage safety in a fast-growing industry that exposes its workforce to multiple dangers each day? “We have companies that have grown from 300 to 1,000 employees, in two years. They don’t have the infrastructure or resources to manage all that growth safely. Many of the new employees are coming from the service industry, from fast food for example, so safety awareness is a big learning curve,” Thomas Bright says. A consultant and trainer, Bright helped the Ship Repair association with customized classes made possible by Susan Hardwood training grants. He also serves as a tester for trainers in courses at UC San Diego Extension. He loves this work, saying, “People’s lives are being saved because of what we do.”

During the economic downturn in 2008, Bright remembers evaluating his prospects. “Regardless of the economy, safety training is required. In that regard, safety professionals are somewhat recession proof,” he says. Safety consulting work has also proved plentiful. “Even small companies, 40-person businesses who would not have thought about it before, are doing safety training. I have to turn work down; trainers are so widely needed.”
Be an OSHA-Authorized Outreach Trainer

To become a UCSD OSHA-authorized outreach trainer or to maintain your trainer status for Construction, General Industry, Maritime, or Disaster Site Worker, follow these easy steps:

1. Download the Prerequisite Verification of Eligibility Form by clicking on “Apply Now” on the relevant trainer course page (500, 501, 502, 503, 5400, 5600, 5029, and 5039). You may also email oshatraining@ucsd.edu for an electronic copy. Fill out the required information on the form.

2. Email the completed form along with a copy of your trainer card or course completion certificate to oshatraining@ucsd.edu. Please note that your verification form cannot be processed without proper proof of the required prerequisites.

3. Once you have received an approval email from the OS&H department, you will then follow the instructions to enroll in the class of your choice.

Visit osha.ucsd.edu/outreach

UCSD OTIEC’s Outreach Department

is dedicated to providing friendly, efficient and accurate service. The advanced online submission tool for reporting 10 and 30-hour outreach courses was designed to provide a database for trainers and access all student and card information. This system maintains continual upgrades to ensure quality control. Trainers can expect to receive their student cards as early as 48 hours after submitting a training report. Outreach comments and questions should be directed to dedicated staff members.

For immediate Customer Service:
oti-outreach@ucsd.edu
858-534-9283
The UC San Diego OTIEC is dedicated to providing a superior level of courses for companies seeking the benefits of onsite training. With training and travel budgets in mind, UC San Diego will bring any class to your site so employees do not have to travel. All of the administrative efforts from beginning to end are covered by our contracts specialist. You just tell us which class(es) you need, where the training will be held, when you need the training and how many people will be participating. It’s that easy.

Benefits:

1. No travel required. We bring the instructor and materials to you.
2. Flexible scheduling.
3. Cost savings.
4. Customized courses available.
5. Industry expert instructors.

Please call 858-534-9272 or email oshatraining@ucsd.edu to find out more details.
OSH Safety Courses

OSHA 2255 – Principles of Ergonomics

This course covers the use of ergonomic principles to recognize, evaluate, and control workplace conditions that cause or contribute to musculoskeletal and nerve disorders. Course topics include work physiology, anthropometry, musculoskeletal disorders, use of video display terminals, and risk factors such as vibration, temperature, material handling, repetition, and lifting and patient transfers in health care. Course emphasis is on industrial case studies covering analysis and design of work stations and equipment workshops in manual lifting, and coverage of current OSHA compliance policies and guidelines. Upon course completion students will have the ability to recognize work-related musculoskeletal and nerve disorders, assess employer’s ergonomic programs, and conduct ergonomic evaluations.

Fee: $765

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OSHA 2264 – Permit-Required Confined Space Entry

This course covers the safety and health hazards associated with permit-required confined space entry. Course topics include recognition of confined space hazards, identification of permit and non-permit required confined spaces, use of instrumentation to evaluate atmospheric hazards, ventilation techniques, development and implementation of a confined space program, proper signage, and training requirements. This course features workshops on permit entry classification, instrumentation, and program development. Upon course completion students will have the ability to identify permit and non-permit required confined spaces, reference the OSHA Permit-Required Confined Spaces Standard, conduct atmospheric testing, and implement a permit-required confined space program.

Fee: $695

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OSHA 3095 – Electrical Standards

This course covers OSHA Electrical Standards and the hazards associated with electrical installations and equipment. Course topics include single- and three-phase systems, cord- and plug-connected and fixed equipment, grounding, ground fault circuit interrupters, and safety-related work practices. Emphasis is placed on electrical hazard recognition and OSHA Standards, policies, and procedures and applicable portions of the National Electrical Code (NEC). Students will participate in workshops on the safe and correct use of electrical testing equipment. Upon course completion students will have the ability to understand the severity of electrical current on the human body, recognize and evaluate actual and potential electrical hazards and reference the applicable OSHA Standard, determine hazard abatement measures, and understand the proper use of electrical testing equipment.

Fee: $765

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OSHA 3115 – Fall Protection

This course covers the OSHA Fall Protection Standard for construction and an overview of fall protection methods. Course topics include principles of fall protection, components and limitations of fall arrest systems, and OSHA Standards and policies regarding fall protection. Students will participate in workshops demonstrating the inspection and use of fall protection equipment, residential construction fall protection, training requirements, and developing a fall protection program. Upon course completion students will have the ability to assess compliance with the OSHA Fall Protection Standard, evaluate installed passive systems and fall arrest systems, and develop and implement fall protection plans.

Fee: $765

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OSHA 510 - Occupational Safety and Health Standards for the Construction Industry

According to the Bureau of Labor Statistics, construction was the leading industry for injuries. Learn the 29 CFR 1926 standards, as well as construction safety and health principles to help prevent injury. Special emphasis is placed on those areas that are the most hazardous, using OSHA standards as a guide. Topics Include: the OSH Act, Safety Programs, Fall Protection, Personal Protective Equipment, Stairs and Ladders.

Fee: $765

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OSHA 511 - Occupational Safety and Health Standards for General Industry

For students wanting to learn the 29 CFR 1910 standards, this course is a must. Learn crucial OSHA policies, procedures, and standards, as well as general industry safety and health principles as they relate to real world situations. Special emphasis is placed on those areas that are the most hazardous, using OSHA standards as a guide. Topics Include: the OSH Act, Safety and Health Management Systems, Personal Protective Equipment, Hazard Communication, and Electrical.

Fee: $765

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OSHA 5410 - Occupational Safety and Health Standards for the Maritime Industry

This course is the standards for the Maritime Industry. It is also a required Prerequisite for the OSHA 5400 - Trainer Course - Maritime Safety. Given OSHA standards and current industry information, students will be able to demonstrate ability to interpret federal standards for the maritime industry. Students will be able to identify the jurisdictional responsibilities of federal regulatory agencies in maritime industries, and able to identify how the hierarchy of rules applies to maritime industries covered by OSHA Inspections, Citations, and Enforcement Policies.

Fee: $995

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OSHA Trainer Courses

OSHA 500 - Trainer Course in Occupational Safety and Health Standards for the Construction Industry

The focus of this TRAINER course is to prepare students to teach the 10 and 30 Hour Outreach classes. Course time is spent learning and practicing adult training techniques. Students will participate in the development and delivery of lectures during class. Thorough knowledge of OSHA Construction Standards (CFR 1926) is required. Following successful completion of the written exam, students become authorized OSHA Trainers in the 10 and 30 Hour Outreach Programs.

Required Prerequisite: OSHA 510 and five (5) years of construction safety experience, OSHA 500 or OSHA 502. See osha.ucsd.edu for additional requirements.

Fee: $765

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OSHA 501 - Trainer Course in Occupational Safety and Health Standards for General Industry

The focus of this Trainer course is to prepare students to teach the 10 and 30 Hour Outreach classes. Course time is spent learning and practicing adult training techniques. Students will participate in the development and delivery of lectures during class. Thorough knowledge of OSHA General Industry Standards (CFR 1910) is required. Upon successful course completion, students become authorized OSHA Trainers in the 10 and 30 Hour Outreach Programs.

Required Prerequisite: OSHA 511 and five (5) years of general industry safety experience, OSHA 501 or OSHA 503. See osha.ucsd.edu for additional requirements.

Fee: $765

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OSHA Trainer Courses
OSHA 503 - Update for General Industry Outreach Trainers

Are you an active trainer in the Outreach Program? Have you completed the OSHA 501 Trainer Course for General Industry? You must be updated every 4 years on training techniques, OSHA general industry standards, policies, and regulations. Once you successfully complete the course, you are authorized to train for an additional four year term.

**Required Prerequisite:** OSHA 501 or OSHA 503 course within four (4) years. See osha.ucsd.edu for additional requirements.

**Fee:** $525

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OSHA 502 - Update for Construction Industry Outreach Trainers

Are you an active trainer in the Outreach Program? Have you completed the OSHA 500 Trainer Course for the Construction Industry? You must be updated every four years on training techniques, OSHA construction industry standards, policies, and regulations. Once you successfully complete this course, you are authorized to train for an additional four year term.

**Required Prerequisite:** OSHA 500 or OSHA 502 course within four (4) years. See osha.ucsd.edu for additional requirements.

**Fee:** $525

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OSHA 5400 - Trainer Course in Occupational Safety and Health Standards for the Maritime Industry

This is a Trainer Course for those interested in teaching the 10 and 30 Hour Maritime Outreach Program. Special emphasis is placed on required Outreach topics, using OSHA standards as a guide. Students are taught effective adult instructional techniques. This course authorizes students to become Maritime Outreach Trainers.

**Required Prerequisite:** OSHA 5410, three (3) years of maritime safety experience and two (2) years of occupational safety and health experience, OSHA 5400 or OSHA 5402. See osha.ucsd.edu for additional requirements.

**Fee:** $795

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<td>135165</td>
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<tr>
<td>July 15-17</td>
<td>OSHA 2264 - Permit Required Confined Space Entry</td>
<td>135166</td>
</tr>
<tr>
<td>Aug 19-21</td>
<td>OSHA 502 - Update for Construction Industry Outreach Trainers</td>
<td>135167</td>
</tr>
<tr>
<td>Sep 23-26</td>
<td>OSHA 510 - OS&amp;H Standards for the Construction Industry</td>
<td>135168</td>
</tr>
<tr>
<td>Oct 21-24</td>
<td>OSHA 2255 - Principles of Ergonomics</td>
<td>135169</td>
</tr>
<tr>
<td>Nov 4-7</td>
<td>OSHA 500 - Trainer Course in OS&amp;H Standards for the Construction Industry</td>
<td>135170</td>
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<tr>
<td>Dec 9-12</td>
<td>OSHA 3115 - Fall Protection</td>
<td>135171</td>
</tr>
</tbody>
</table>

▶ Island-Based Instructors

Tristan Aldeguer  
Joaquin Diaz  
Tracy Lawson  
Rob McCarthy  
Jim Newberry  
Mary Sullivan
### MY EXTENSION

#### YOU CAN DO THE FOLLOWING
- Access your student records
- Update your contact information
- Enroll in classes
- Request to drop a course
- Change your grading option
- Access course details and location information
- Choose your marketing and communication preferences

#### YOU CAN VIEW AND PRINT
- Enrollment receipts
- Enrollment verifications
- Grade reports
- Your academic history

#### LOG ON THREE EASY STEPS
1. Visit myextension.ucsd.edu (do not use www)
2. Enter your user name (email address)
3. Enter password. If you do not know your password, click on “Forgot your password?” to create a new one.

If you need any assistance with this process, call (858) 534-3400.

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### COURSE DISCOUNT POLICY

#### $50 DISCOUNT
A $50 discount may be applied to the first 10 students who enroll in a course up to 30 days prior to the start date. To take advantage of this offer, students must enroll online and use discount code OSHAEarly when submitting payment.

#### 10% DISCOUNT
Students eligible for a 10% discount (valid any time prior to course start date):
- Occupational Safety and Health Dual Certificate graduates
- Active military (email military ID to unex-reg@ucsd.edu)
- Federal and State OSHA employees (email oshatraining@ucsd.edu for approval)
- Companies enrolling five or more employees into the same course are eligible for a 10% discount

Discounts exclude: OSHA 502 and OSHA 503 trainer update courses (which have already been discounted) and one or two-day courses. Discounts cannot be combined with any other offer.

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### ENROLLMENT

#### YOU CAN DO THE FOLLOWING
You can enroll online, via mail or phone. Many courses have new Federal OSHA prerequisites. Please see individual course descriptions prior to enrolling.
- Online enrollment, visit: osha.ucsd.edu (excludes trainer courses)
- Phone enrollment, call: (800) 358-9206 - option 1
- POs, fax: (858) 246-1031
- Mail payment to:
  OSHA Training Institute Education Center
  UC San Diego Extension
  6256 Greenwich Drive, Suite 100
  San Diego, CA 92122

UC San Diego Extension reserves the right to cancel a class two weeks prior to the start date. In the event of a cancelled course, students will be notified and refunded.
Making safety and health a vital component of all workplaces is the aim of the upcoming safety fest. The U.S. Department of Labor’s Occupational Safety and Health Administration, in partnership with University of California San Diego, the Building Industry Association of Hawaii will be hosting the safety fest for the public with free seminars and discounted courses at the Construction Training Center of the Pacific (CTC).

The event is open to contractors, small business owners, professional technical educators, businesses required to follow OSHA standards, and anyone interested in creating a safer workplace.

This is a great opportunity to have your questions answered and to gather resources to increase safety in your workplace. These courses and materials normally cost hundreds of dollars on average. Attendees will receive a certificate of attendance.

Email us at oshatraining@ucsd.edu for more information.

“Participating in Safety Fest allows us to offer OSHA classes to people in our local community who may not get this knowledge any other way. Promoting a safe workplace is one of the goals we have every year at the BIA”

— BARBARA NISHIKAWA, DIRECTOR OF EDUCATION

CONSTRUCTION TRAINING CENTER OF THE PACIFIC
94-487 Akoki Street | Waipahu, HI 96797

UC SAN DIEGO’S OSHA TRAINING INSTITUTE
EDUCATION CENTER COURSE LOCATIONS

ARIZONA
TEMPE (PHOENIX)
Arizona Safety Education Center
TUCSON
Arizona Dept. of Occupational Safety & Health (ADOSH)

CALIFORNIA
ANAHEIM (ORANGE COUNTY)
Brookhurst Community Center
BAKERSFIELD
Kern Community College District
CLAREMONT (INLAND EMPIRE)
Safety Center
LOS ANGELES
UCLA School of Public Health & Van de Kamp Center
SAN DIEGO
UC San Diego’s OSHA Training Institute Education Center
SANTA BARBARA
UC Santa Barbara Extension

HAWAII
WAIPAHU (OAHU)
Construction Training Center of the Pacific

NEVADA
LAS VEGAS
Associated General Contractors, Las Vegas Chapter
RENO
AGC Nevada

GUAM
Guam Contractors Association

University of California, San Diego
An Authorized OSHA Training Institute Education Center

osa.ucsd.edu/Hawaii
Professional Safety and Health Officer Certificate (PSHO)

- Designed for existing safety professionals with at least 5 years experience in the field
- Curriculum includes not only safety regulations and standards, but also leadership and training of others
- Areas of emphasis include Cal/OSHA, Construction, and General Industry

This program requires a minimum of 11 courses, which includes both OSHA Training Institute Education Center and UC San Diego Extension courses. The certificate program can be completed within 6-12 months, however students may take up to 5 years to complete.

Safety and Health Specialist Certificate (SHS)

- Created for those students interested in a baseline set of skills within safety
- Coursework includes overviews of OSHA policies, procedures, and standards
- Additional topics include safety and health management, fire and life safety and workers compensation

The SHS certificate program requires a minimum of 7 courses, which includes both OSHA Training Institute Education Center and UC San Diego Extension courses. The certificate program can be completed within 6-12 months, however students may take up to 5 years to complete.

Public Sector Safety and Health Fundamentals Certificate Program

- This program supports the OSHA Training Institute Education Center mission to train public sector employees in occupational safety and health to reduce incident rates for workers in state and local governments.
- The program is additionally highly applicable to private industry workers as well
- Certificates are available for Construction and General Industry

For more information on Certificate Programs, visit osha.ucsd.edu.