As summer ends and Labor Day approaches, it’s nice to have survived another summer in Phoenix. Of course, like any good “Zonie” I spent a week at Mission Beach this summer to get away from the heat. You Californians sure have nice summer weather!

I need to tell you about a few hot items that have happened since I last wrote to you in June.

First, the Nevada Legislature voted to remove the requirement for refresher training of OSHA 10 and 30 Hour Construction Outreach cardholders. There is no longer a requirement for refresher training.

Second, although the Confined Spaces in Construction standard took effect on August 3, OSHA will delay enforcement of the standard for sixty days. More on this in the OSHA Update Section.

Next, Dominion Virginia Power and the Weatherford Drilling Group have posted safety rap videos on YouTube. Look for the web addresses in the Safety Resources section.

Lastly, OSHA has revised and reissued OSHA 2254, Training Requirements in OSHA Standards. This is publication 2254-07R 2015.

I haven’t heard from any readers lately. Please drop me a line and let me know this publication is still useful to you. Email me at hgribow@ucsd.edu

Thank you,

Harold Gribow, editor
Outreach Program
by Stephanie MacGilfrey

Growing Pains

The UCSD Outreach Program saw tremendous growth this year in card processing. This is attributed to all of our trainers that continue to partner with us in providing high quality safety education. It reinforces our main goal of ensuring that all of our valued trainers are consistently exceeding industry standards when conducting OSHA Outreach courses.

We are committed to our trainers and encourage all of you to maintain consistent growth and continued learning to enhance your safety and educational background. We suggest looking at our professional certificate in occupational health and safety. All current outreach trainers meet two of the course requirements through the standards and trainer courses. If you are interested, it requires an additional 18 credits to complete the program. For more information, visit http://osha.ucsd.edu and select certificate programs on the top left hand corner.

Audits Happen

Were you recently sent an audit request? If so, please ensure that you comply in a timely and efficient manner. This will eliminate any necessary delays in processing any future training reports. If you are unsure about the information that is necessary to present during a course and the corresponding paperwork that is necessary to submit at the conclusion of the course, please contact our Outreach Department. Do not wait and make simple errors that will trigger an audit of your records. We want to help and it is critical that we assist our trainers in maintaining continued compliance with OSHA guidelines. You can review the latest Outreach requirements on the OSHA website at https://www.osha.gov/dte/outreach/program_requirements.pdf. It is essential to stay up to date with OSHA guidelines by regularly checking the OSHA website or contact our office and we are happy to assist you.

If you have any questions or need assistance with your classes, contact the OSHA Outreach Department:

(858) 534-9283
or
oti-outreach@ucsd.edu
Audio-Visual Tips and Tricks

I recently taught a class in a new location and, I’m ashamed to say, I didn’t check it out prior to the day the class started. I ran into quite a few issues getting set up and I thought I’d mention them and maybe save you some trauma.

So what do you do when you arrive at your training site and you and the house audio-visual equipment can’t get along. Maybe your laptop doesn’t have the correct receptacle for the cord attached to the wall-mounted big screen television monitor. Maybe there isn’t a sound system in the room. How about if your laptop power cord won’t reach from the lectern to the wall outlet. And what about a room with lights over the screen that are controlled with the rest of the lights on one switch? How can you deal with these problems and make it look like you never felt any panic when you first arrived?

Let’s take the above items one at a time:

1. Can’t connect to the big screen TV because your laptop doesn’t have the correct outlet to fit the cord - This has happened recently because the newer big screen televisions mostly use HDMI cords to connect to a laptop computer. If you use a Mac (and most everyone knows I do) get yourself an adapter plug (dongle) for HDMI to the mini-display port. If you have a MacBook, you already have one for connecting a VGA plug, so you’ll need one more. If your PC laptop has a VGA connector built-in the HDMI adapter is readily available and inexpensive. Another solution is to always bring your own projector that you know works with your equipment.

2. No sound system in the room - Always check with the location for a sound system or just bring your own speakers. With Bluetooth connecting speakers, it’s very easy to carry portable speakers that aren’t that large and operate on batteries. And the sound is very good with the higher-end models. Or bring wired speakers, but make sure they are externally powered because the USB port on your computer may not produce enough power to make these speakers work well. One other possibility is to carry a longer audio cable with 1/8” mini plugs on each end. Many projectors have internal speakers that are pretty weak but will do in a pinch. But of course the facility won’t have the cable so you’ll need to bring your own.

3. The lectern is too far away for your laptop power supply to reach the wall outlet - you should always carry a 25 to 50 foot extension cord (get a good one) with multiple outlets built in. There’s never one around when you need it and it’s cheap insurance to have with you for any training session.

4. The lights are all on or all off - don’t be afraid to remove the bulbs in the light fixture directly over the screen. Or ask the room set up crew to do it for you. You don’t want to teach with the lights off and the screen may be unreadable with them on.
Nevada - OSHA 10/30 Hour Card
Renewal Requirements Changed

As of June 10, 2015 OSHA 10/30 hour construction refresher training is no longer required. The Nevada State legislature passed SB 233, which removes the requirement for a 10/30 hour refresher course for those holding 10 or 30 hour construction cards. The Governor signed this bill, and it became law as of June 10, 2015.

This means that if a person has the 10 or 30 hour OSHA construction card, Nevada no longer requires that they have refresher training, and the card is considered valid regardless of the date of issue.

It is still required that a person have an OSHA 10 or 30 hour construction card in order to work on a construction site in the state of Nevada.

If a person loses their card, they can get a replacement card if the card is less than 3 years old by contacting the trainer that issued the card originally. If a card is lost and is over 3 years old, the OSHA Training Institute will not replace it, and the person must retake the class to obtain a new one.

All SCATS 10/30 Hour construction refresher training classes have been canceled.

OSHA - Temporary Enforcement Policy for Construction Work in Confined Spaces

Memorandum For:
REGIONAL ADMINISTRATORS AND STATE PLAN DESIGNEES
Subject:
Temporary Enforcement Policy for Construction Work in Confined Spaces

This memorandum provides guidance on the enforcement of the Confined Spaces in Construction standard published on May 4, 2015. The new standard goes into effect on August 3, 2015. Requests for an extension of the effective date have indicated a need for additional time for training and the acquisition of equipment necessary to comply with the new standard. OSHA will not delay the effective date, but instead will postpone full enforcement of the new standard for 60 days from the effective date of August 3, 2015 to October 2, 2015. During this 60-day period, OSHA will not issue citations to an employer making good faith efforts to comply with the new standard, as long as the employer is in compliance with either the training requirements of the new standard, found at 29 CFR 1926.1207, or the training requirements found at former 29 CFR 1926.21(b)(6)(i), which is provided:

All employees required to enter into confined or enclosed spaces shall be instructed as to the nature of the hazards involved, the necessary precautions to be taken, and in the use of protective and emergency equipment required. The employer shall comply with any specific regulations that apply to work in dangerous or potentially dangerous areas.

Employers who fail to train their employees consistent with either 29 CFR 1926.1207 or 1926.21(b)(6)(i) would properly be cited for violation of 1926.1207(a). Factors OSHA will consider when evaluating whether an employer is engaged in good faith efforts to comply with the new standard include:

1. If the employer has not trained its employees as required under the new standard, whether the employer has scheduled such training,
2. If the employer does not have the equipment required for compliance with the new standard, including personal protective equipment, whether the employer has ordered or otherwise arranged to obtain such equipment required for compliance and is taking alternative measures to protect employees from confined space hazards, and
3. Whether the employer has engaged in any additional efforts to educate workers about confined space hazards and protect workers from those hazards.

More information is available at https://www.osha.gov/confinedspaces/index.html
Revised and Updated Training Requirements in OSHA Standards, Publication 2254

This has always been a valuable resource for trainers and other safety professionals to find and understand the training requirements in OSHA standards in many different industries. This booklet has the requirements listed by industry and then subpart so one can locate what’s required under each standard. It’s available on the OSHA Publications page and downloadable as a PDF. You may want to print the entire document, but it’s 270 pages so it may be better to view it on-line.

Updated Spanish Home Page

OSHA’s Spanish language home page has been updated to include a modern look and ease of use. Users can now easily choose from a drop-down menu that includes workers’ rights, information for employers, and the best ways to contact a local OSHA office. The webpage includes an “In Focus” section that highlights the latest videos and campaigns in Spanish, including Young Workers and Heat Illness Prevention. There is also the latest OSHA news in Spanish, a Twitter feed following OSHA-related conversations, and various resources for workers.

You can visit the new website at www.osha.gov/spanish.
Below is a collection of tools we think you will find very useful. Every month in this space we will be highlighting select resources to help you, our Trainers.

1. **Safety Rap Video** - Provided by the Virginia Dominion Power, this cute, short video offers a cool and stylish view of safety gear and practices. Follow this link: https://www.youtube.com/watch?v=7viGDALSoJE


3. **All-terrain Vehicle Fact Sheet** - OSHA’s new agriculture safety fact sheet on all-terrain vehicles identifies serious hazards and steps farmers can take to protect farm workers from injuries and incidents. https://www.osha.gov/dsg/topics/agriculturaloperations/vehiclehazards.html

4. **Contaminated water in eyewash stations** - Eyewash stations are critical emergency safety equipment intended to lessen the severity of eye injuries from workplace exposure to irritants or biological agents. This document provides information about the organisms that can grow in stagnant water, how to prevent them from growing, and how to recognize infection signs and symptoms. https://www.osha.gov/Publications/OSHA3818.pdf

5. **OSHA at 40 video** - This might be an interesting video to start off your 2 Hour Intro to OSHA segment of any Outreach course. https://www.youtube.com/watch?v=YBrXfwDgz0w

Looking for the full list? Please click here for a PDF with all the current resources listed.