Welcome!

Welcome to the first issue of The UC San Diego Safety Trainer! This newsletter is provided to those OSHA Authorized Outreach Trainers who have received their authorization to train OSHA Outreach courses from the OSHA Training Institute Education Center at the University of California, San Diego. (For future purposes our organization will be referred to as UCSD OTIEC). Our plan is to publish issues bi-monthly in 2013, and then to review the frequency for future years.

You may be asking yourself why the UCSD OTIEC is publishing this newsletter. The main reason is to remain connected with the thousands of Outreach trainers who have received their authorization from our organization. We plan on publishing news and information for each of the four Outreach Authorizations, current information from OSHA, future outreach or specialty programs from UCSD OTIEC and any other items of topical interest to our Outreach Community.

Published bi-monthly, look for The UC San Diego Safety Trainer landing in your inbox January, March, May, July, September and November in 2013!

We want you to know that you are considered our most important partners because it’s all of you who are bringing the message of safety to the multitudes of workers in America who benefit from being safety trained every day on their jobs. Whether you are authorized for Outreach in Construction, General Industry, Maritime, Disaster Site, or Cal/OSHA Partnership - or any combination of the five - we are interested in providing you with the latest information and regulations from OSHA, tips to assist you with your training style, or news from UCSD about our program administration. And if you have questions or want to submit something that has worked well for you, we welcome your input. Please contact us at oshatraining@ucsd.edu.

-Harold Gribow, Editor

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February & March Refresher Courses

- Honolulu: OSHA 502—Construction, February 4-6
- Claremont: OSHA 503—General Industry, February 11-13
- Claremont: OSHA 5039—Cal/OSHA General Industry, February 14
- San Diego: OSHA 502—Construction, March 11-13
- San Diego: OSHA 5402—Maritime, March 4-6
- San Diego: OSHA 5029—Cal/OSHA Construction, March 14
- Phoenix: OSHA 502—Construction, March 18-20
- San Diego: OSHA 5039—Cal/OSHA General Industry, March 28
Meet the Editors

Editor

Harold Gribow, MS, CSP, ARM has been teaching at UCSD OTIEC for six and a half years, following his retirement after 27 years from SCF Arizona, the largest carrier of workers’ compensation insurance in the state. Harold was involved in safety and loss control for his entire career at SCF, which provided him with a wide range of safety experience in a variety of industries. Now with UCSD OTIEC, he serves as the Director of General Industry Programs and teaches courses that are required to become an authorized Outreach instructor in General Industry and Construction, as well as many of the other courses offered by the UCSD OTIEC.

Assistant Editors

Jeff Beeler, CHST has been with the UCSD OTIEC for over 14 years. Jeff is currently the Director of Construction Industry programs as well as an instructor of many other courses. Jeff also serves as the Training Director for UCSD’s International Safety Education Institute, a construction safety global outreach training program. Jeff’s career includes 32 years in the fire service, retiring as a Captain at the La Mesa Fire Dept. and owner/president of JB Safety Services, Inc. – a safety training and services company. Past involvements include adjunct faculty for fire science at Miramar College; Rescue Manager for a FEMA Urban Search and Rescue team and various positions in the construction field.

Jeff Lewis MS, RSP, CSSM, DMT began as an international commercial pilot and then spent over 18 years with the U.S. Navy studying Marine Engineering and International Maritime Law. His credentials include Gas Free Engineer, Chief Engineer (Steam, Motor, & Gas Turbine; Unlimited; Ocean), and Master (Steam, Motor, & Gas Turbine; Unlimited; Ocean). Subsequent to his Naval Career, Jeff spent almost two decades as an authorized instructor and instructor-trainer for many organizations including OSHA, FEMA, international SCUBA organizations, and international emergency medical institutions; and consulting in safety and emergency management. He has been an instructor with the UCSD OTIEC for seven years, currently the Course Chair for the Maritime Programs.

UC San Diego Safety Trainer Tip Of the Month

Enthusiasm and Education

Maybe those words don’t necessarily apply to the safety training most people experience. But any trainer can make their subjects much more enjoyable for the participants if they make an effort to add some enthusiasm to their presentations. Enthusiasm is contagious. If you want your students to be more engaged in class, communicate your enthusiasm by acting like you enjoy what you are doing. Smile, be active in front of the group, use stories that illustrate the topic you are teaching and above all – don’t present the image that you’ve been forced to conduct the training and that you don’t like doing it. Even if that’s the truth, you’ll have a much better experience as a training leader if you present yourself as if you enjoy what you’re doing.

osha.ucsd.edu/newsletter ● oshatraining@ucsd.edu
New Trainer Management Tool on the Way!

The UCSD OTIEC outreach is excited to announce that we are launching a new trainer website for the submission of trainer course reports.

We are currently implementing the pilot phase of our project with a small group of trainers. The implementation of the program will launch in early February.

All trainers will slowly be integrated into the new system, phased over the course of the next three months.

The new web based site will eliminate the issues that trainers are currently experiencing when accessing the current system.

Our new system includes the ability to enter all course information directly on predetermined screens, including student names.

The system also includes features not currently available: trainers will have access to a personal database of their students which includes the card numbers attached to each student. This database is an excellent tool if you have a small business and need to communicate with your students.

Additionally, the new system allows for our department to print student cards in a timely and efficient manner. This will eliminate errors and delays in receiving your cards.

As we begin rolling out the new system please ensure that our department has current contact information for you, including a current email address. You will be contacted via email to initiate the process of entering you into the new system.

Look for updates on the UCSD OSHA website and an email from Stephanie MacGilfrey.

Stephanie recently joined the UCSD OTIEC as the Outreach Coordinator and will be working with each of you very closely to implement this new website.

She looks forward to your feedback regarding the program and any questions you have. She can be reached via email at smacgilfrey@ucsd.edu or 858-534-9280.

Trainers will have access to a personal database of their students which includes the card numbers attached to each student.
The UCSD OTIEC is part of UC San Diego Extension, which has served as a premier source of lifelong learning for adults seeking professional and personal growth for nearly five decades. Currently, Extension educates over 22,000 professionals annually in more than 4,600 courses and over 80 certificate programs including the multi-track Professional Certificate in Occupational Safety and Health.

The UCSD OTIEC has consistently provided quality, innovative and cutting edge occupational safety and health construction and general industry standards based education and training since 1992 when it was chosen as one of the original four OSHA Training Institute Education Centers. In addition to the U.S. Department of Labor OTIEC courses, Extension has a long history of providing courses in safety and health management and training, hazardous waste management and emergency preparedness.

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### Trainer Resources

**Trainer Resources**
- OSHA Outreach Program Requirements
- Intro to OSHA Module Teaching Aids
- Most Frequently Cited Standards
- OSHA 10- & 30-hour PowerPoint Slides
- OSHA Videos and Presentations
- Resource Center Loan Program
- PowerPoint Slides in Spanish
- OSHA Hazard Communication page with GHS Updates

**General Industry Trainer Resources**
- OSHA Outreach Program General Industry Procedures and Materials

**Construction Trainer Resources**
- OSHA Outreach Program Construction Industry Procedures and Materials

**Maritime Trainer Resources**
- OSHA Outreach Training Program Maritime Industry Procedures

**Maritime Trainer Resources (cont)**
- Managing Safety & Health
- OSHA Examining Fatal Shipyard Accidents Videos
- National Maritime Safety Association (NMSA) Resources
- Shipbuilders Council of America (SCA) Safety Resources
- CPL 02-00-142 – Shipyard Employment "Tool Bag" Directive
- CPL 02-00-154 - Longshoring and Marine Terminals "Tool Shed" Directive
- CPL 02-00-151 - 29 CFR Part 1910, Subpart T – Commercial Diving Operations
- CPL 02-01-047 - OSHA Authority Over Vessels and Facilities on or Adjacent to U.S. Navigable Waters and the Outer Continental Shelf (OCS)
- CPL 02-01-051 - 29 CFR Part 1915, Subpart B, Confined and Enclosed Spaces and Other Dangerous Atmospheres in Shipyard Employment